30 LITTLE THINGS

YOU CAN DO FOR THE PLANET

How many of these can you do?

Storytime(1)

walk to the shops instead of taking the bus!

Get healthy and pollute less!

1

If you do go by car, give other people a lift too!

Bike more! It's quick, healthy and exciting.

4

Take a revsable bag to the shops!

5

Put recycling in the right bins! 6

7

dhen yov can, bvy organic!

8

Use both sides of the paper! 9

While brushing teeth, Furn off the tap!

| |

Turn off electronics you aren't using!

10

11

Make your lawn into a wildflower meadow.

12

Buy Fair Trade products

to help farmers!

13

Grow your own vegetables!

14

Wrap in Wax paper

nstead of clingfilm.

Or more than one!

Plant a tree!

15

Use cloth napkins not paper ones!

Lunch boxes Set up a water 19 are better than butt to collect plastic bags! 11 rainwater Use a cooler be recycled Clothes can to water the garden. Revse gift wrapping! 11 wash cycle! Energy-saver Saves water 18 lightbulbs use 11 and electricity... less power! **Buy biodegradable** Try meat-less paper 11 11 Don't turn on **26** Mondays a dishwasher Buy secondand eat more veggies! a coat of paint. until you have a Have shorter hand stuff. showers! full load! It's cool and Choose products from helps the planet! companies that help **25** the environment! Eat food by its best-before date Leaving TVs and Buy goods in glass 28 so you don't have to consoles on standby rather than plastic! throw any out! wastes electricity!