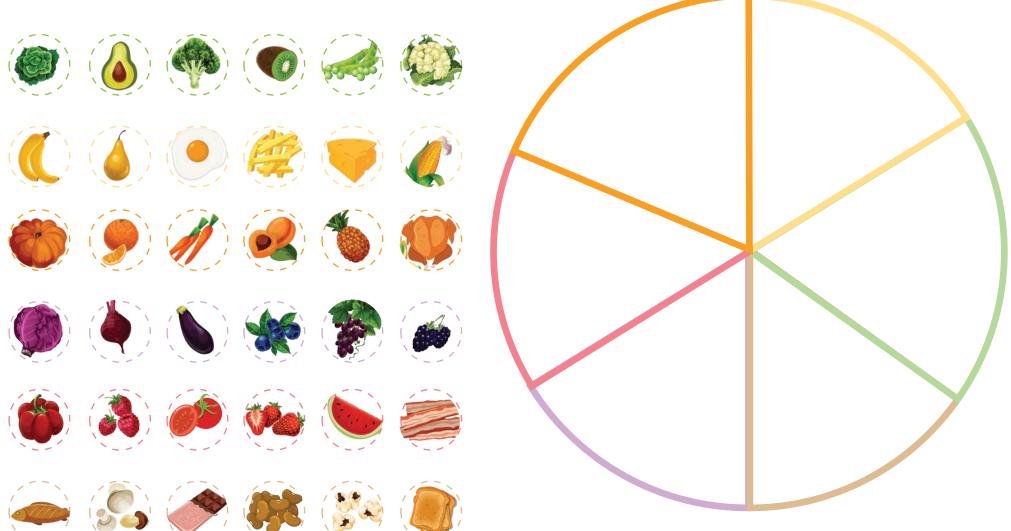
## **Storytime**<sup>™</sup> MY HEALTHY PLATE

Cut out your favourite food and make sure your rainbow plate has at least one ingredient of each colour! Make it a healthy and happy plate - and yummy one too!



## www.storytimemagazine.com